



Working Together for the Very Best Care



Wrapping Care Around Our Most Vulnerable Patients

Every day in the Emergency Department, there are seniors with complex needs who require complex care. Identifying and putting that care in place right away can have a big impact. Doing so ensures better care and helps reduce future hospital visits and readmissions.

Carleton Place & District Memorial Hospital (CPDMH) and Almonte General Hospital (AGH) are pleased to be part of a unique program to do just that - the first of its kind in rural Ontario.

It's called 'Rural Assess and Restore' and involves a 20-member regional and local team including the two local hospitals, the Mills Corporation, the Champlain Community Care Access Centre, the Lanark Community Health Centre, Carefor and the Regional Geriatric Program of Eastern Ontario.

Mark Gormley has worked in CPDMH's Emergency Department for 19 years and has specialized geriatric training to screen, assess and follow-up with high risk seniors being discharged home. He has a multitude of options to offer, from in-home support such as meals on wheels to more intensive rehabilitation support at the AGH Day Hospital. He can visit the patient's home to assess their living arrangements or refer them to a geriatric clinic led by Dr. Salima Shamji.

"It's incredibly rewarding," he says. "There are many services in our local communities that patients don't know about and it's my job to help link them to the care they need as quickly as possible."

Demand has been greater than expected with about 30 assessments each month. The pilot project runs for six months and will then be evaluated.



Stewart Miller, an Assess & Restore client, works with Jocelyn Monaghan, a physiotherapy/occupational therapy aide at the AGH Day Hospital.